# Save Money on Your Health and Dependent Care Expenses – It's Easy!



UCOR offers **two Flexible Spending Accounts (FSAs)** to help you set aside money (pre-tax) for eligible health care and dependent care expenses – for you and your eligible IRS dependents. The money is deducted from your paycheck before taxes are taken out, just like your medical premiums (or other pre-tax deductions). You can elect to contribute up to the current IRS limits of \$3,300\* in the Health Care FSA and up to \$7,500 in the Dependent Care FSA for the 2026 plan year.



**ACTION REQUIRED!** For the 2026 plan year, current employees must enroll or re-enroll for the Health Care FSA and/or Dependent Care FSA during 2026 Annual Benefits Enrollment. New hires must enroll when eligible for benefits during the new hire enrollment period to participate in FSAs for the current year, and then they must enroll during Annual Benefits Enrollment for the upcoming year.

# You can use an FSA for the following eligible expenses (sample list)

#### Health Care FSA\*\*

- Any costs above what your health plan pays, including deductibles and copays
- Prescriptions
- Over-the-counter drugs prescribed by your doctor
- Certain non-drug over-the-counter items, such as contact lens cleaner and bandages

#### **Dependent Care FSA**

- Licensed nursery school and childcare centers
- Private day care providers and nannies
- Licensed care for disabled dependents
- Care for an elderly parent whom you claim as a dependent on your federal income tax return
- Education expenses for a child not yet in the first grade, such as day care expenses

You cannot use the Health Care FSA to pay for dependent care expenses, and you cannot use the Dependent Care FSA to pay for health care expenses. If you expect to incur expenses like those shown above, you should consider enrolling in an FSA. Call HSA Bank at **1-800-357-6246**, visit **www.hsabank.com** or refer to IRS Publications 502 and 503, to get a full list of eligible expenses for both FSAs.

# See how you save

#### FSAs reduce your taxable income.

Consider how Susan saves. She sets aside \$1,500 in an FSA for the year. She incurs \$1,500 worth of eligible expenses.



··· Susan saves



Susan's tax savings mean she pays only \$1,170 for \$1,500 of expenses.

**\$330** 22% federal income tax

**Susan pays \$1,170** 

This hypothetical illustration is for educational purposes only. Dollar amounts or savings will vary depending on income, state and city tax rules, and other factors.

**Note:** Health Care FSA contributions may be limited for highly compensated employees (HCE). HCEs are not eligible to participate in the DCFSA. For 2026, the 2025 HCE gross earnings threshold is \$160,000. For more information, visit **www.hsabank.com.** 

**READ MORE >** 

<sup>\*</sup>Note: The 2026 IRS contribution limit will be finalized in late fall 2025.

<sup>\*\*</sup>If you elect a Consumer Directed Health Plan (CDHP) option for your 2026 medical coverage, you will not be eligible to elect a Health Care FSA.

# Ready to contribute? Key things to know!

Participating in an FSA takes a little planning.

If you elect \$1,500 for the year, you'll see a deduction of \$31.25 per paycheck.

You'll need to think about expenses you may have for each account when deciding how much to contribute. Remember, if you have a Health Care FSA balance left from 2025, it will carry over into 2026, up to the IRS limit. Plus, the IRS has some rules to keep in mind. Here are some key things to know:

- You don't need to be enrolled in a UCOR medical insurance plan or any other type of insurance plan in order to participate in the Health Care FSA or Dependent Care FSA.
- **FSAs have a "USE IT OR LOSE IT" rule.** You can incur expenses until the end of the plan year, and you can carry over up to \$660 of your unused balance in your Health Care FSA. Otherwise, will lose any remaining funds left in your account at the end of the plan year.\*\*\* Unused funds in your Dependent Care FSA *do not* carry over and will be forfeited at the end of the plan year.
- Once you enroll in an FSA, you cannot make changes to the annual contribution unless you have a qualifying mid-year
  life event. You must initiate your qualified life event change within 31 days of the qualifying event. If you make a
  mid-year change, you may not elect an amount less than what you have already spent year to date.

### **Paying for care**

#### **Health Care FSA**



#### You receive an HSA Bank Debit Card

Access the **entire amount you elect to contribute** once you open the account (even though your contributions will be spread out by paycheck). Note: In the event your debit card is not available, you may also file a claim for reimbursement.

#### **Dependent Care FSA**



You have to file a claim for reimbursement

Access the **contribution amounts as they are deducted** from your paycheck.

#### How FSAs work

#### **Health Care FSA** Elect to Paycheck \$1,500 You fill a Use your debit Account balance Contribute \ contribution available prescription; card to pay \$1,450 \$1,500 \$31.25/paycheck upfront cost is \$50 (\$125/month) **Dependent Care FSA** Elect to Paycheck \$0 Monthly day File a claim Account balance Contribute > available > \$25 (until the contribution care invoice \$1,500 \$31.25/paycheck upfront \$100 next paycheck contribution) (\$125/month)

# **GET ME STARTED >**

To enroll in the Health and/or Dependent Care Flexible Spending Accounts, you will need to contact Empyrean at **1-800-451-8964** Monday – Friday, 8 a.m. to 5 p.m. E.T., or online at **MyGroupBenefits-UCOR-ORRCC.com** during 2026 Annual Benefits Enrollment.

Once enrolled, you can get your account information 24 hours/7 days a week via **www.hsabank.com**. You can also call HSA Bank at **1-800-357-6246**.

<sup>\*\*\*</sup>The Health Care FSA has a carryover feature for your 2025 dollars, allowing you to carry over up to \$660 of unused funds from 2025 to use toward expenses incurred in 2026. This does not impact how much you can contribute in 2026.