

2025 Personal Safety Initiative Plan

Your name: _____

Initiative	What I will do to keep myself safe	What I will do to keep my family safe
<p>Quarter 4 Focus <i>October–December</i></p> <p>Taking Safety Home</p>	<p>Tell us about your goal</p> 	
<p>SIF area 2 (circle one below)</p> <p>Falls Elevated work Struck-by/caught between Vehicles Heavy equipment Hazardous energy</p>		
	<p>What I will do to focus on my Mental Health</p>	<p>What I will do to help my family focus on Mental Health</p>
<p>Mental Health</p> <p>Wellness, mindfulness, Mission Readiness, hobbies, activities, work-life balance</p>		
	<p>What I will do to promote a strong Safety Culture</p>	<p>What I will do to help my family build our Safety Culture</p>
<p>Safety Culture</p> <p>VPP participation, LSIT participation, Questioning Attitude/iQuestion, Culture of Caring</p>		



Your signature _____

Coworker signature _____
(sign after discussing plan)