



Network: S

Benefit Summary

ORRCC Pre 65 Retiree (Plan H)

Benefit Plan Features:	Your Cost In-Network	Your Cost Out-of-Network ¹
Annual Embedded Deductible		
Individual/Family	\$0 / \$0	\$100 / \$200
Annual Embedded Out-of-Pocket Maximum (includes copay, coinsurance and deductibles)		
Individual/Family	\$0 / \$0	\$600 / \$1,200
4th Quarter Carry-over	Excluded	
Covered Services		
Preventive Care Services (see page 3 for a list)	Covered at 100%	10% after deductible
Practitioner Office Services		
Primary Care Office Visits	0% after deductible	10% after deductible
Specialist Office Visits	0% after deductible	10% after deductible
Office Surgery ^{3, 4, 6}	0% after deductible	10% after deductible
Routine Diagnostic Lab, X-Ray & Injections	0% after deductible	10% after deductible
Advanced Radiological Imaging ^{2, 4, 7}	0% after deductible	10% after deductible
Teladoc™ Health Virtual Care¹⁷	0% after deductible	Not Covered
Services Received at a Facility (includes professional and facility charges)		
Inpatient Services ^{2, 4}	0% after deductible	10% after deductible
Outpatient Surgery ^{3, 4, 6}	0% after deductible	10% after deductible
Routine Diagnostic Services - Outpatient	0% after deductible	10% after deductible
Advanced Radiological Imaging - Outpatient ^{2, 4, 7}	0% after deductible	10% after deductible
Other Outpatient Services ⁸	0% after deductible	10% after deductible
Urgent Care Center Services	0% after deductible	10% after deductible
Emergency Care Services	0% after deductible	0% after deductible
Emergency Care Advanced Radiological Imaging ⁷	0% after deductible	0% after deductible
Medical Equipment Services^{3, 4}		
Durable Medical Equipment	0% after deductible	10% after deductible
Prosthetic or Orthotics	0% after deductible	10% after deductible
Hearing Aids (all ages) (1 per ear every 3 years)	0% after deductible	0% no deductible
Behavioral Health Services		
Inpatient: Unlimited days per annual benefit period ^{2, 4}	0% after deductible	10% after deductible
Outpatient: Unlimited visits per annual benefit period ⁵	0% after deductible	10% after deductible
Therapeutic Services¹⁰ (limits apply; see footnote)	0% after deductible	10% after deductible
Skilled Nursing & Rehabilitation Facility Services^{2, 4}		
Limited to 120 days combined per annual benefit period	0% after deductible	10% after deductible
Home Health Care Services^{3, 4, 10}	0% after deductible	10% after deductible
Hospice Services		
Inpatient ^{2, 4}	Covered at 100%	10% after deductible
Outpatient	Covered at 100%	10% after deductible
Ambulance Services^{3, 4}	0% after deductible	0% after deductible
Prescription Drugs³	Pharmacy only Out-of-Pocket \$600 Individual / \$1,200 Family	
Prescription Contraceptives¹⁶	Covered at 100%	10% after deductible
Retail RX03 Network up to 30 day supply¹³		
Preferred Generic	10% after deductible	10% after deductible
Non-Preferred Generic	10% after deductible	10% after deductible
Preferred Brand ¹⁵	10% after deductible	10% after deductible
Non-Preferred Brand ¹⁵	10% after deductible	10% after deductible
Plus90 or Home Delivery Network up to 90 day supply¹⁴		
Preferred Generic	\$5 copay	10% after deductible
Non-Preferred Generic	\$5 copay	10% after deductible
Preferred Brand ¹⁵	\$15 copay	10% after deductible
Non-Preferred Brand ¹⁵	\$15 copay	10% after deductible
Self-Administered Specialty Drugs^{3, 11, 12}		
Preferred Specialty Drugs	10% after deductible	Not Covered
Non-Preferred Specialty Drugs	10% after deductible	Not Covered
Provider-Administered Specialty Drugs^{3, 21}	10% after deductible	Not Covered

1. Out-of-network benefits may be based on BlueCross BlueShield of Tennessee Maximum Allowable Charge. You may be responsible for any unpaid billed charges for certain services received from out-of-network providers. For emergency care services received at an out-of-network facility, covered items and services received from an out-of-network provider at an in-network facility (unless you give certain providers written consent), or emergent and authorized air ambulance services, in-network benefits including deductible will apply up to the qualified payment amount, and the provider may not bill you for more than your in-network cost share.
2. Prior authorization is required.
3. Certain procedures, services, medication and equipment may require prior authorization.
4. If prior authorization is required but not obtained and services are medically necessary, when using network providers outside Tennessee for physician and outpatient services and all services from out-of-network providers, your liability will be increased to 50% based on out-of-network coinsurance. If services are not medically necessary, no benefits will be provided.
5. Outpatient behavioral health benefits are determined by place of service. Benefits displayed are for services received in an office setting; separate benefits may apply for outpatient services received in an alternate setting.
6. Surgeries include incisions, excisions, biopsies, injection treatments, fracture treatments, applications of casts and splints, sutures and invasive diagnostic services (e.g., colonoscopy, sigmoidoscopy and endoscopy for non-preventive purposes).
7. Includes CT scans, PET scans, MRIs, nuclear medicine and other similar technologies.
8. Includes services such as physicians services as well as chemotherapy, infusions, injections, radiation therapy and renal dialysis.
10. Physical, speech, acupuncture, spinal manipulative and occupational therapies are limited to 100 visits combined per annual benefit period. Cardiac and pulmonary rehabilitative therapies are limited to 36 visits per therapy type per annual benefit period.
11. Visit www.bcbst.com/rx for the Preferred Formulary which includes specialty drugs.
12. You must use one of the Specialty Pharmacy Network providers listed on www.bcbst.com/rx to receive benefits for self-administered specialty drugs, and these drugs are limited to a 30-day supply.
13. Copay, if applicable, applied per prescription, up to a 30 day supply.
14. Your plan allows you to receive long-term medications in a 90-day supply from home delivery or at a retail pharmacy in the Plus90 Network. If you choose to use a retail pharmacy that is not part of the Plus90 Network, you are limited to a 30-day supply. Visit www.bcbst.com/rx to find a list of pharmacies in the Plus90 Network.
15. A financial penalty may be applied if you choose a brand name drug when a generic equivalent is available. Please refer to your Evidence of Coverage (EOC) for specific information.
16. Certain prescription drugs are covered at 100% at network pharmacies, in accordance with the Preventive Services provision of the Affordable Care Act, and are identified with an "ACA" indicator on the Preferred Formulary located at www.bcbst.com/rx.
17. Use Teladoc Health's virtual care platform to access doctors or professionals for 24/7 urgent care, mental health care, dermatology services, primary care, and more. Visit www.bcbst.com/teladoc or call 1-800-TELADOC (1-800-835-2362) to register.
21. To receive benefits for provider-administered specialty drugs as identified on the provider-administered specialty drug list, you must use a Specialty Pharmacy Network provider. Visit www.bcbst.com/rx for the drug list and a list of providers in this network. Cost share listed is for the medication only; providers may bill additional charges for the administering of the drug under your medical benefit.

[Limitations and Exclusions](#). These pages summarize your health care plan benefits. Your Evidence of Coverage (EOC) defines the full terms and conditions, limitations, and exclusions in greater detail. Should any questions arise concerning benefits, the EOC will govern.

Summary of Preventive Care Services Covered at 100% In-Network

In-network preventive care services that are covered with no member cost share include, but are not limited to:

- Primary care services with an A or B recommendation by the United States Preventive Services Task Force (USPSTF)
- Immunizations recommended by the Advisory Committee on Immunization Practices that have been adopted by the Centers for Disease Control and Prevention (CDC)
- Bright Futures recommendations for infants, children and adolescents that are supported by the Health Resources and Services Administration (HRSA)
- Preventive care and screening for women as provided in the guidelines supported by HRSA

The following preventive care services are covered (not an all-inclusive list). Coverage of some services may depend on age and/or risk exposure.

All Members:

- One preventive health exam per annual benefit period. More frequent preventive exams are covered for children up to age 3.
- All standard immunizations adopted by the CDC
- Screening for colorectal cancer (age 45 – 75), high cholesterol and lipids (45 and older for women; 35 and older for men), high blood pressure, obesity, diabetes, and depression (12 and older)
- Screening for lung cancer for adults (50 to 80) who have a 20 pack-year smoking history and either currently smoke or have quit within the past 15 years, per annual benefit period
- Screening for HIV and certain sexually transmitted diseases, and counseling for the prevention of sexually transmitted diseases
- Screening and counseling in a primary care setting for alcohol misuse and tobacco use; alcohol misuse and tobacco use limited to 8 visits per annual benefit period
- Dietary counseling for adults with hyperlipidemia, hypertension, type 2 diabetes, obesity, coronary artery disease and congestive heart failure; limited to 12 visits per annual benefit period
- One retinopathy screening for diabetics per annual benefit period
- Hemoglobin A1C testing

Women:

- Well-woman visit, including annual sexually transmitted infection (STI) counseling and annual domestic violence screening & counseling per annual benefit period
 - Cervical cancer screening as deemed clinically appropriate by USPSTF and HRSA guidelines
 - Screening of pregnant women for iron deficiency, bacteriuria, hepatitis B virus, Rh factor incompatibility, gestational diabetes
 - Breastfeeding support/counseling & supplies, including lactation support services and counseling by a trained provider and one breast pump per pregnancy
 - Counseling for women at high risk of breast cancer for chemoprevention, including risks and benefits
 - Mammography screening at age 40 and over, and genetic counseling and, if indicated after counseling, BRCA testing for BRCA breast cancer gene
 - Osteoporosis screening (age 60 or older)
 - HPV testing as deemed clinically appropriate by USPSTF and HRSA guidelines
 - FDA-approved contraceptive methods and counseling
- Medical plan: Injectable or implantable contraceptives and barrier methods, sterilization for women
Rx plan: Generic oral & injectable contraceptives, vaginal contraceptive, patch, prescription emergency contraception

Men:

- Prostate cancer screening at age 50 and older
- One-time abdominal aortic aneurysm screening at age 65 – 75 (for men who have ever smoked)

Children:

- Newborn screening for hearing, phenylketonuria (PKU), thyroid disease, sickle cell anemia, and cystic fibrosis
- Development delays and autism screening
- Iron deficiency screening
- Vision screening

BlueCross BlueShield of Tennessee (BlueCross) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. BlueCross does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

BlueCross:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as: (1) qualified interpreters and (2) written information in other formats, such as large print, audio and accessible electronic formats.
- Provides free language services to people whose primary language is not English, such as: (1) qualified interpreters and (2) written information in other languages.

If you need these services, contact a consumer advisor at the number on the back of your Member ID card or call 1-800-565-9140 (TTY: 1-800-848-0298) or 711.

If you believe that BlueCross has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance (Nondiscrimination Grievance). For help with preparing and submitting your Nondiscrimination Grievance, contact a consumer advisor at the number on the back of your Member ID card or call 1-800-565-9140 (TTY: 1-800-848-0298 or 711). They can provide you with the appropriate form to use in submitting a Nondiscrimination Grievance. You can file a Nondiscrimination Grievance in person or by mail, fax or email. Address your Nondiscrimination Grievance to: Nondiscrimination Compliance Coordinator, c/o Manager, Operations, Member Benefits Administration, 1 Cameron Hill Circle, Suite 0019, Chattanooga, TN 37402-0019; (423) 591-0298 (fax); Nondiscrimination_Office@bcbst.com (email).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocportal.hhs.gov/ocportal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHS Building, Washington, DC 20201, 1-800-368-1019; 800-537-7637 (TDD). Complaint forms are available at <http://www.hhs.gov/officefor/foia/index.html>.

BlueCross BlueShield of Tennessee, Inc., an Independent Licensee of the BlueCross BlueShield Association.

BlueCross BlueShield of Tennessee is a Qualified Health Plan issuer in the Health Insurance Marketplace.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Si usted es miembro, llame al número de Servicio de atención a miembros que figura al reverso de su tarjeta de identificación de Miembro o al 1-800-565-9140 (TTY: 1-800-848-0298).

ملاحظة: إذا كنت تتحدث اللغة التي خدمات المساعدة اللغوية توفرها لك (بالعربي). إذا كنت عضواً، فلتصل برقم خدمة الإعضاء الموجود على ظهر بطاقة هوية العضو أو برقم 1-800-565-9140 (الخطب النصي: 1-800-848-0298).

注意：如果您使用普通话，您可以免费获得语言援助服务。如果您是会员，请拨打会员服务热线或 1-800-565-9140（无障碍线（TTY）：1-800-848-0298）。

Chữ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Nếu quý vị là hội viên, hãy gọi đến số Dịch vụ Hội viên ở mặt sau thẻ ID Hội viên của quý vị hoặc 1-800-565-9140 (TTY: 1-800-848-0298).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 가입자의 경우, 가입자 ID 카드 뒷면의 가입자 서비스 전화번호 또는 1-800-565-9140(TTY: 1-800-848-0298) 번호로 전화하시기 바랍니다.

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes adhérent, appelez le numéro du Service adhérents indiqué au dos de votre carte d'assuré adhérent ou appelez le 1-800-565-9140 (TTY/ATS : 1-800-848-0298).

Внимание: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Если вы являетесь участником, позвоните в отдел обслуживания участников по номеру, указанному на обратной стороне вашей идентификационной карты участника, или по номеру 1-800-565-9140 (TTY: 1-800-848-0298).

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपको निःशुल्क में भाषा सहायता सेवाएं उपलब्ध हैं। अगर आप सदस्य हैं तो अपने सदस्य पहचान कार्ड के पीछे दिए गए सेवा या 1-800-565-9140 (TTY: 1-800-848-0298) पर सहायता सेवा सेवा या कोल करें।

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ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Falls Sie ein Mitglied sind, rufen Sie die Nummer des Mitgliedendienstes auf der Rückseite Ihrer Mitglieds-ID-Karte oder 1-800-565-9140 (TTY: 1-800-848-0298) an.

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपको निःशुल्क में भाषा सहायता सेवाएं उपलब्ध हैं। अगर आप सदस्य हैं तो अपने सदस्य पहचान कार्ड के पीछे दिए गए सेवा या 1-800-565-9140 (TTY: 1-800-848-0298) पर सहायता सेवा सेवा या कोल करें।

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。会員の皆様は、会員IDカードの裏面に記載の会員サービス番号あるいは1-800-565-9140 (TTY: 1-800-848-0298)まで、お電話にてご連絡ください。

PAUNAWA: Kung nagsasalita ka ng Tagalog, maari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Kung ikaw ay isang miyembro, tawagan ang numero ng Serbisyo sa Miyembro na nasa likod ng iyong Kard ng ID ng Miyembro o sa 1-800-565-9140 (TTY: 1-800-848-0298).

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Внимание: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Если вы являетесь участником, позвоните в отдел обслуживания участников по номеру, указанному на обратной стороне вашей идентификационной карты участника, или по номеру 1-800-565-9140 (TTY: 1-800-848-0298).

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ATENCIÓN: Si w pale Krejól Ajtjeyen, gen sévis éd pou lang ki disponb gratis pou ou. Si ou se jon manm, rele nimewo Sévis Manm ki sou do kat ID Manm ou oswa 1-800-565-9140 (TTY: 1-800-848-0298).

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Członkowie mogą dzwonić pod numer działy Member Service podany na odwrocie karty identyfikacyjnej członka lub numer 1-800-565-9140 (TTY: 1-800-848-0298).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Caso seja membro, ligue para o telefone do serviço de Atendimento ao Membro informado no verso de seu cartão de identificação de membro ou para 1-800-565-9140 (TTY: 1-800-848-0298).

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Se è un membro, chiami il numero del Servizio per i membri riportato sul retro della Sua scheda identificativa del membro oppure il numero 1-800-565-9140 (TTY: 1-800-848-0298).

Dii baa akó ninizin: Dii saad bee yéniit'go Diné Bizaad, saad bee éké'ániida'áwo'óhé, t'óó jik'éh, éi ná hólo. Naaltsoos bee ná ha'dir'éego, Naaltsoos Bé Hada'dir'éhigil ninaaltsoos nith'izi bee nééhozinigil bine'dee' Naaltsoos Bé Hada'dir'éhigil Bee Aká'ánida'áwo'í bibeéech bee hane'i bika'igil bee hodilnih doodago 1-800-565-9140 (Doo Adimts'agóogo q TTY: 1-800-848-0298) bee hodilinih.